

## Midland Regional Open Water Championships 2022

### Events and Awards

#### 1. 1000m Event

- a) This event will only be open to those aged 11-14 years
- b) Midlands Championship medals will be awarded to the top 3 male and female 11 year old competitors from an East Midland or West Midland club
- c) The top 3 male and female 11 year old competitors from the East Midland and the West Midland regions will receive a regional medal
- d) All other age groups (12-14 years) will swim for experience only

#### 2. Age Group Championships

- a) Distances are as follows:  
12/13yrs – 2km; 14/15yrs – 3km; 16 & over – 5km.
- b) Midlands Championship medals will be awarded to the top 3 male and female competitors from an East Midlands or West Midlands club in the relevant distances, in each of the following age groups: 12,13,14,15,16,17/18,19+
- c) The top 3 male and female competitors aged 12 and over from clubs affiliated to the East Midland and the West Midland regions, in the relevant distances and age group will receive a regional medal and automatically qualify for the National Age Groups Open Water Championships subject to the swimmer confirming their entry on the National entry system.

National Age Group Distances:

2km	3km	5km
12 years, 13 years	14 years, 15 years	16 years, 17/18, 19/over

#### 3. Masters and Senior Championships:

- a) Distances are as follows: 18 & over: 2km, 3km & 5km
- b) Midlands Championship medals will be awarded to the top 3 male and female competitors from an East Midlands or West Midlands club within each age group within each distance.
- c) The top 3 male and female competitors from the East Midland and the West Midland regions will receive a regional medal in each age group within each distance.

- d) Masters Championships following age groups: 18-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60+.
- e) Masters swimmers may enter more than one event but it is their responsibility to ensure they are at the relevant start on time. Please note the masters 5km will swim at the same time as the Age Group Championships, should a swimmer wish to be considered for Swim England Age Group (17/18, 19+) national qualification they must enter via the Age Group Championship link.

#### **4. County Awards**

- a) Please refer to individual County awards conditions should these be in place.

## South West Regional Open Water Championships 2022 Events and Awards

### 1. 1000m Event

- a) This event will only be open to those aged 11-14 years
- b) South West Championship medals will be awarded to the top 3 male and female 11 year old competitors from an South West club
- c) All other age groups (12-14 years) will swim for experience only

### 2. Age Group Championships

- a) Distances are as follows:  
12/13yrs – 2km; 14/15yrs – 3km; 16 & over – 5km.
- b) South West Championship medals will be awarded to the top 3 male and female competitors from a South West club in the relevant distances, in each of the following age groups: 12,13,14,15,16,17/18,19+
- c) The top 3 male and female competitors aged 12 and over from clubs affiliated to the South West region, in the relevant distances and age group will automatically qualify for the National Age Groups Open Water Championships subject to the swimmer confirming their entry on the National entry system.

National Age Group Distances:

2km	3km	5km
12 years, 13 years	14 years, 15 years	16 years, 17/18, 19/over

### 3. Masters and Senior Championships:

- a) Distances are as follows: 18 & over: 2km, 3km & 5km
- b) The top 3 male and female competitors from the South West region will receive a regional medal in each age group within each distance.
- c) Masters Championships following age groups: 18-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60+.
- d) Masters swimmers may enter more than one event but it is their responsibility to ensure they are at the relevant start on time. Please note the Masters 5km will swim at the same time as the Age Group Championships, should a swimmer wish to be considered for Swim England Age Group (17/18, 19+) National qualification they must enter via the Age Group Championship link.

#### **4. County Awards**

Please refer to individual County awards conditions should these be in place.