

**Swim England East Midlands Short Course Championships 2025**  
**Harvey Hadden Nottingham 31<sup>st</sup> October – 2<sup>nd</sup> November**  
**Licensed Level 2 - TBA**

## SCHEDULE OF EVENTS

Friday 31 <sup>st</sup> October			
<b>Session 1: Warm up 6:20pm Start 6:45pm</b>			
101	Female	1500m	Freestyle HDW
<b>Break</b>			<b>15 minutes</b>
102	Open/Male	800m	Freestyle HDW

Saturday 1 <sup>st</sup> November			
<b>Session 2: Start 09:00am (TBC)</b>			
201	Female	100m	Freestyle
202	Open/Male	200m	Freestyle
203	Female	50m	Breaststroke
204	Open/Male	100m	Breaststroke
205	Female	400m	Individual Medley HDW
206	Open/Male	100m	Butterfly
207	Female	100m	Backstroke
208	Open/Male	50m	Backstroke
209	Female	200m	Butterfly
210	Open/Male	200m	Individual Medley
<b>Session 3: Start TBC</b>			
301	Female	400m	Freestyle HDW
302	Open/Male	50m	Freestyle
303	Female	200m	Breaststroke
304	Open/Male	1500m	Freestyle HDW
305	Female	100m	Individual Medley
306	Open/Male	200m	Backstroke
307	Female	50m	Butterfly
<b>Tea Break approx. 1hr</b>			
<b>Session 4: Start TBC</b>			
<b>Finals of Saturday's Individual Events</b>			
401/402	Open/Male	200m Fr	Junior + Senior Final
403/404	Female	100m Fr	Junior + Senior Final
405/406	Open/Male	100m Br	Junior + Senior Final
407/408	Female	50m Br	Junior + Senior Final
409/410	Open/Male	100m Fl	Junior + Senior Final
411/412	Female	100m Bk	Junior + Senior Final
413/414	Open/Male	50m Bk	Junior + Senior Final
415/416	Female	200m Fl	Junior + Senior Final
417/418	Open/Male	200m IM	Junior + Senior Final
419/420	Female	200m Br	Junior + Senior Final
421/422	Open/Male	50m Fr	Junior + Senior Final
423/424	Female	100m IM	Junior + Senior Final
425/426	Open/Male	200m Bk	Junior + Senior Final
427/428	Female	50m Fl	Junior + Senior Final

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Sunday 2nd November			
Session 5: Start 09:00am (TBC)			
501	Open/Male	100m	Freestyle
502	Female	200m	Freestyle
503	Open/Male	50m	Breaststroke
504	Female	100m	Breaststroke
505	Open/Male	400m	Individual Medley HDW
506	Female	100m	Butterfly
507	Open/Male	100m	Backstroke
508	Female	50m	Backstroke
509	Open/Male	200m	Butterfly
510	Female	200m	Individual Medley
Session 6: Start TBC			
601	Open/Male	400m	Freestyle HDW
602	Female	50m	Freestyle
603	Open/Male	200m	Breaststroke
604	Female	800m	Freestyle HDW
605	Open/Male	100m	Individual Medley
606	Female	200m	Backstroke
607	Open/Male	50m	Butterfly
Tea Break approx. 1hr			
Session 7: Start TBC			
Finals of Sunday's Individual Events			
701/702	Female	200m Fr	Junior + Senior Final
703/704	Open/Male	100m Fr	Junior + Senior Final
705/706	Female	100m Br	Junior + Senior Final
707/708	Open/Male	50m Br	Junior + Senior Final
709/710	Female	100m FI	Junior + Senior Final
711/712	Open/Male	100m Bk	Junior + Senior Final
713/714	Female	50m Bk	Junior + Senior Final
715/716	Open/Male	200m FI	Junior + Senior Final
717/718	Female	200m IM	Junior + Senior Final
719/720	Open/Male	200m Br	Junior + Senior Final
721/722	Female	50m Fr	Junior + Senior Final
723/724	Open/Male	100m IM	Junior + Senior Final
725/726	Female	200m Bk	Junior + Senior Final
727/728	Open/Male	50m FI	Junior + Senior Final