



Short Course Championships 2022 - Harvey Hadden Sports Village Nottingham
SATURDAY 5th and SUNDAY 6th NOVEMBER

This TIME LINE is given for guidance only, Sessions will not start before the published time
but the meet will then run at its own pace - RACES WILL NOT WAIT FOR MISSING SWIMMERS

SATURDAY Session 1 Warmup from 7:45 START 9:00

Warmup Schedule to be advised

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 90 Seconds

| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
|---|-----|-----------------|-------|-------------|-------|--------------|-------|------------|
| 101 | L | 100 Fr | Heats | 96 | 12 | 09:00 | 00:21 | 00:21 |
| 102 | M | 200 Fr | Heats | 47 | 6 | 09:21 | 00:18 | 00:39 |
| 103 | L | 50 Br | Heats | 76 | 10 | 09:39 | 00:13 | 00:52 |
| 104 | M | 100 Br | Heats | 66 | 9 | 09:52 | 00:17 | 01:09 |
| 105 | L | 400 IM | Heats | 32 | 4 | 10:09 | 00:24 | 01:33 |
| 106 | M | 100 Fl | Heats | 67 | 9 | 10:33 | 00:16 | 01:49 |
| 107 | L | 100 Ba | Heats | 81 | 11 | 10:49 | 00:25 | 02:14 |
| 108 | M | 50 Ba | Heats | 67 | 9 | 11:14 | 00:13 | 02:27 |
| 109 | L | 200 Fl | Heats | 31 | 4 | 11:27 | 00:13 | 02:40 |
| 110 | M | 200 IM | Heats | 37 | 5 | 11:40 | 00:16 | 02:56 |
| Officials Comfort Break and Clubs assemble their Relay Teams | | | | | | 11:56 | 00:10 | 03:06 |
| 111 | L | 200 FT | Heats | 15 | 2 | 12:06 | 00:06 | 03:12 |
| 112 | M | 200 FT | Heats | 16 | 2 | 12:12 | 00:06 | 03:18 |
| Estimated Session Finish Time 12:18 | | | | | | | | |

SATURDAY Session 2 Warmup from 12:45 START 1:45

Warmup Schedule to be advised

| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
|---|-----|-----------------|-------|-------------|-------|--------------|-------|------------|
| 201 | L | 400 Fr | Heats | 26 | 4 | 01:45 | 00:23 | 00:23 |
| 202 | M | 50 Fr | Heats | 131 | 17 | 02:08 | 00:19 | 00:42 |
| 203 | L | 200 Br | Heats | 38 | 5 | 02:27 | 00:17 | 00:59 |
| 204 | X | 1500 Fr | Heats | 35 | 3 | 02:44 | 00:53 | 01:52 |
| 205 | L | 100 IM | Heats | 73 | 10 | 03:37 | 00:19 | 02:11 |
| 206 | M | 200 Ba | Heats | 49 | 7 | 03:56 | 00:23 | 02:34 |
| 207 | L | 50 Fl | Heats | 102 | 13 | 04:19 | 00:16 | 02:50 |
| Estimated Session Finish Time 4:35 | | | | | | | | |

SATURDAY Session 3 Warmup from 5:00 START 5:45

Warmup Schedule to be advised

| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
|-----------|-----|-----------------|-------|-------------|-------|--------------|-------|------------|
| 301 (102) | M | 200 Fr | Final | | | 05:45 | 00:03 | 00:03 |
| 302 (102) | M | 200 Fr | Final | | | 05:48 | 00:03 | 00:06 |
| 303 (101) | L | 100 Fr | Final | | | 05:51 | 00:02 | 00:08 |
| 304 (101) | L | 100 Fr | Final | | | 05:53 | 00:02 | 00:10 |
| 305 (104) | M | 100 Br | Final | | | 05:55 | 00:03 | 00:13 |
| 306 (104) | M | 100 Br | Final | | | 05:58 | 00:03 | 00:16 |
| 307 (103) | L | 50 Br | Final | | | 06:01 | 00:02 | 00:18 |
| 308 (103) | L | 50 Br | Final | | | 06:03 | 00:02 | 00:20 |
| 309 (106) | M | 100 Fl | Final | | | 06:05 | 00:02 | 00:22 |
| 310 (106) | M | 100 Fl | Final | | | 06:07 | 00:02 | 00:24 |
| 311 (107) | L | 100 Ba | Final | | | 06:09 | 00:03 | 00:27 |
| 312 (107) | L | 100 Ba | Final | | | 06:12 | 00:03 | 00:30 |
| 313 (108) | M | 50 Ba | Final | | | 06:15 | 00:02 | 00:32 |
| 314 (108) | M | 50 Ba | Final | | | 06:17 | 00:02 | 00:34 |

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|--------------------------------------|---|---------|--------------|--|-------|-------|-------|
| 315 (109) | L | 200 Fl | Final | | 06:19 | 00:04 | 00:38 |
| 316 (109) | L | 200 Fl | Final | | 06:23 | 00:04 | 00:42 |
| 317 (110) | M | 200 IM | Final | | 06:27 | 00:04 | 00:46 |
| 318 (110) | M | 200 IM | Final | | 06:31 | 00:04 | 00:50 |
| 319 (203) | L | 200 Br | Final | | 06:35 | 00:04 | 00:54 |
| 320 (203) | L | 200 Br | Final | | 06:39 | 00:04 | 00:58 |
| 321 (202) | M | 50 Fr | Final | | 06:43 | 00:02 | 01:00 |
| 322 (202) | M | 50 Fr | Final | | 06:45 | 00:02 | 01:02 |
| 323 (205) | L | 100 IM | Final | | 06:47 | 00:03 | 01:05 |
| 324 (205) | L | 100 IM | Final | | 06:50 | 00:03 | 01:08 |
| 325 (204) | X | 1500 Fr | Fastest Heat | | 06:53 | 00:20 | 01:28 |
| 326 (206) | M | 200 Ba | Final | | 07:13 | 00:04 | 01:32 |
| 327 (206) | M | 200 Ba | Final | | 07:17 | 00:04 | 01:36 |
| 328 (207) | L | 50 Fl | Final | | 07:21 | 00:02 | 01:38 |
| 329 (207) | L | 50 Fl | Final | | 07:23 | 00:02 | 01:40 |
| Estimated Session Finish Time | | | 07:25 | | | | |



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SUNDAY Session 4 Warmup from 7:45 START 9:00 **Warmup Schedule to be advised**

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 90 Seconds

| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
|---|-----|-----------------|--------------|-------------|-------|--------------|-------|------------|
| 401 | M | 100 Fr | Heats | 104 | 13 | 09:00 | 00:22 | 00:22 |
| 402 | L | 200 Fr | Heats | 56 | 7 | 09:22 | 00:20 | 00:42 |
| 403 | M | 50 Br | Heats | 77 | 10 | 09:42 | 00:13 | 00:55 |
| 404 | L | 100 Br | Heats | 53 | 7 | 09:55 | 00:14 | 01:09 |
| 405 | M | 400 IM | Heats | 17 | 3 | 10:09 | 00:17 | 01:26 |
| 406 | L | 100 Fl | Heats | 71 | 9 | 10:26 | 00:16 | 01:42 |
| 407 | M | 100 Ba | Heats | 66 | 9 | 10:42 | 00:19 | 02:01 |
| 408 | L | 50 Ba | Heats | 76 | 10 | 11:01 | 00:15 | 02:16 |
| 409 | M | 200 Fl | Heats | 24 | 3 | 11:16 | 00:09 | 02:25 |
| 410 | L | 200 IM | Heats | 67 | 9 | 11:25 | 00:29 | 02:54 |
| Officials Comfort Break and Clubs assemble their Relay Teams | | | | | | 11:54 | 00:10 | 03:04 |
| 411 | M | 200 MT | Heats | 15 | 2 | 12:04 | 00:06 | 03:00 |
| 412 | L | 200 MT | Heats | 16 | 2 | 12:10 | 00:06 | 03:06 |
| Estimated Session Finish Time | | | 12:16 | | | | | |

SUNDAY Session 5 Warmup from 12:45 START 1:45

Warmup Schedule to be advised

| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
|--------------------------------------|-----|-----------------|-------------|-------------|-------|--------------|-------|------------|
| 501 | M | 400 Fr | Heats | 29 | 4 | 01:45 | 00:22 | 00:22 |
| 502 | L | 50 Fr | Heats | 115 | 15 | 02:07 | 00:17 | 00:39 |
| 503 | M | 200 Br | Heats | 31 | 4 | 02:24 | 00:13 | 00:52 |
| 504 | X | 800 Fr | Heats | 24 | 3 | 02:37 | 00:30 | 01:22 |
| 505 | M | 100 IM | Heats | 61 | 8 | 03:07 | 00:14 | 01:36 |
| 506 | L | 200 Ba | Heats | 47 | 6 | 03:21 | 00:21 | 01:57 |
| 507 | M | 50 Fl | Heats | 118 | 15 | 03:42 | 00:17 | 02:14 |
| Estimated Session Finish Time | | | 3:59 | | | | | |

SUNDAY Session 6 Warmup from 4:30 START 5:15

Warmup Schedule to be advised

| Event | Sex | Stroke/Distance | Type | Competitors | Heats | Start | Total | Cumulative |
|-----------|-----|-----------------|-------|-------------|-------|--------------|-------|------------|
| 601 (402) | L | 200 Fr | Final | | | 05:15 | 00:04 | 00:04 |
| 602 (402) | L | 200 Fr | Final | | | 05:19 | 00:04 | 00:08 |
| 603 (401) | M | 100 Fr | Final | | | 05:23 | 00:02 | 00:10 |
| 604 (401) | M | 100 Fr | Final | | | 05:25 | 00:02 | 00:12 |
| 605 (404) | L | 100 Br | Final | | | 05:27 | 00:03 | 00:15 |
| 606 (404) | L | 100 Br | Final | | | 05:30 | 00:03 | 00:18 |
| 607 (403) | M | 50 Br | Final | | | 05:33 | 00:02 | 00:20 |
| 608 (403) | M | 50 Br | Final | | | 05:35 | 00:02 | 00:22 |
| 609 (406) | L | 100 Fl | Final | | | 05:37 | 00:03 | 00:25 |
| 610 (406) | L | 100 Fl | Final | | | 05:40 | 00:03 | 00:28 |
| 611 (407) | M | 100 Ba | Final | | | 05:43 | 00:02 | 00:30 |
| 612 (407) | M | 100 Ba | Final | | | 05:45 | 00:02 | 00:32 |
| 613 (408) | L | 50 Ba | Final | | | 05:47 | 00:02 | 00:34 |
| 614 (408) | L | 50 Ba | Final | | | 05:49 | 00:02 | 00:36 |

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|--------------------------------------|---|--------|--------------|--|-------|-------|-------|
| 615 (409) | M | 200 Fl | Final | | 05:51 | 00:04 | 00:40 |
| 616 (409) | M | 200 Fl | Final | | 05:55 | 00:04 | 00:44 |
| 617 (410) | L | 200 IM | Final | | 05:59 | 00:04 | 00:48 |
| 618 (410) | L | 200 IM | Final | | 06:03 | 00:04 | 00:52 |
| 619 (503) | M | 200 Br | Final | | 06:07 | 00:04 | 00:56 |
| 620 (503) | M | 200 Br | Final | | 06:11 | 00:04 | 01:00 |
| 621 (502) | L | 50 Fr | Final | | 06:15 | 00:02 | 01:02 |
| 622 (502) | L | 50 Fr | Final | | 06:17 | 00:02 | 01:04 |
| 623 (505) | M | 100 IM | Final | | 06:19 | 00:03 | 01:07 |
| 624 (505) | M | 100 IM | Final | | 06:22 | 00:03 | 01:10 |
| 625 (504) | X | 800 Fr | Fastest Heat | | 06:25 | 00:10 | 01:20 |
| 626 (506) | L | 200 Ba | Final | | 06:35 | 00:04 | 01:24 |
| 627 (506) | L | 200 Ba | Final | | 06:39 | 00:04 | 01:28 |
| 628 (507) | M | 50 Fl | Final | | 06:43 | 00:02 | 01:30 |
| 629 (507) | M | 50 Fl | Final | | 06:45 | 00:02 | 01:32 |
| Estimated Session Finish Time | | | 06:47 | | | | |