

Regional Short Course Championships 2021 Information for attendees

Spectators

Spectators will be capped at 200 attendees per session and entrance times are as below: **Session One/Three: 8.20 am**

Session Two/Four: 12.20 pm

Spectators are requested to wait outside until the balcony opens to allow swimmers to settle into warm up/the sports hall area to reduce congestion.

Attendance is ticketed with tickets being released at 8pm on Wednesday 3rd November via the Regions Facebook and Twitter.

Attendance at finals is open with no charge/ticket however this will be monitored and restrictions may be introduced.

Declarations

These must have been completed prior to attendance by; Officials, Volunteers and a Club Representative on behalf of their swimmers, coaches, team managers and chaperones. You (officials and volunteers) or the member that submitted your entries will have received the relevant link to complete this prior to attendance.

Lateral Flow Tests

All attendees including spectators should complete a lateral flow test during the 24 hours before each Championship day attending (unless medical advice advises otherwise) and that this may mean members are test Friday/Saturday morning AND Sunday morning if attending both days. If this test is returned as positive you must not attend unless you subsequently return a negative PCR test.

Masks & Hand Sanitisation

Masks are personal choice and are encouraged in congested areas. Good hand hygiene is essential, there will be hand sanitisation stations around the facility and attendees are also encouraged to bring their own hand gel also.

Organised Warm ups

Swimmers should come changed/beach ready for their initial warm up to reduce the chance of crowding within the changing rooms.

Please see the attached warm up schedule for lane and time details.

There will be no diving during the scheduled warm up for heats due to clubs being posted in both pools, there will be diving during the scheduled warm ups before final swims.

Swimmers must be supervised at all time be a coach in the warm up.

Warm up/Swim Down during racing

The warm up/swim down will be available throughout all sessions outside of the organised warm up, there is an 8 swimmer per lane maximum, all land are clockwise and swimmers must be supervised by a coach.

Marshalling/Sports Hall

The sports hall will be used in the main by swimmers for the duration of the event, swimmers, coaches/team managers/chaperones are welcome to bring their own exercise mats and chairs (must not scratch the floor) to the event to use in the sports halls.

The marshalling point is clearly shown on the given diagram and it is the clubs responsibility to ensure swimmers are at this point on time, regular announcements will be made within the sports hall to support with this.

Clubs must be mindful of other members when setting up their team within this space, it is the clubs responsibility to supervise their swimmers when in/moving round the facility.

Heat Sheets & Accreditation Planner

The Accreditation Planner should be completed by all clubs at least 1 hour prior to each session: <u>https://emswimchamps.org.uk/accreditation_planner</u>

Heat sheets will be available on the website the evening before the days racing, this will appear after the withdrawals have been processed.

There will be heat sheets available for the poolside accreditation holders subject to the club requesting these when completing the planner, these should be collected by one club representative during the warm up of the relevant session.

Posting of Results

Due to the current guidance around the posting of results these will be available online as well as notified via Telegram.

Withdrawals from Finals

These can be made at the table indicated on the given diagram.

Notice of withdrawal by a finalist or reserve finalist must be given to the withdrawals recorder within 15 mins of the end of the session the event was swum in. Reserves not required for finals will be released after this deadline. Any subsequent withdrawals may only be made without penalty on medical grounds with evidence provided.

Full details of the withdrawal process and time lines can be found in the conditions.

Medals

Medals can be collected from the tables as given on the diagram (please not the location changes dependent on whether it is a heats session or finals session), medals MUST be collected by the swimmer or the swimmers representative on the day of the swim.

Photography/Filming

There should be no photography or filming inside the facility, team photos can be taken outside and should comply with the guidance given in Wavepower.

There may be small number of people within the balcony with permissions to film for A-Level or GCSE requirements, these will be specified events and must only be shared with the school/awarding body and must not be shared on social media or any other platform. All registered members will be in receipt of any approval letter.