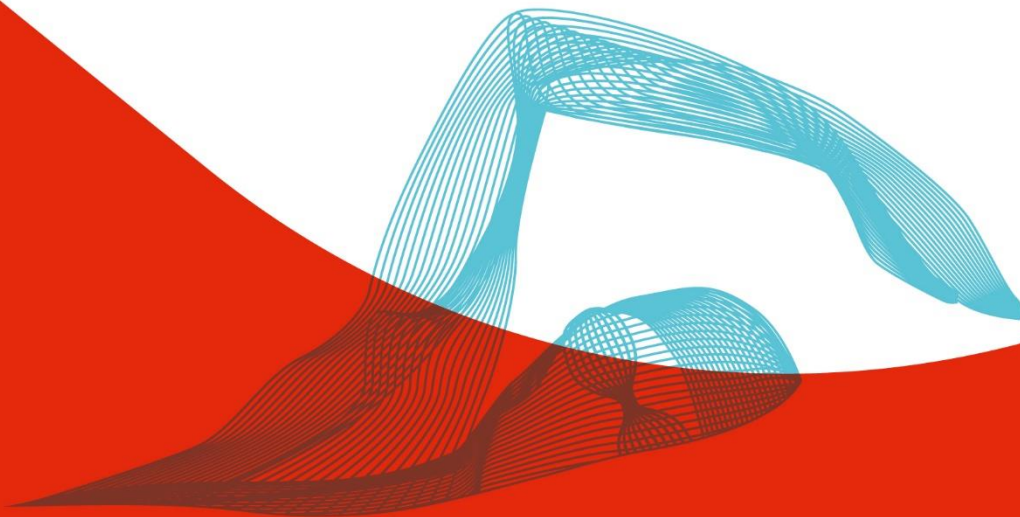


Confirmation Pack

Swim England East Midland Regional
Championships 2026

Corby East Midlands International Pool, 2nd-4th May



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CONTACTS

<p>Swim England East Midlands Matthew McNicholas Swim England East Midlands Pavilion 3 3 Oakwood Drive Loughborough LE11 3QF</p> <p>Tel: 07852 581 280 Email: matthew.mcnicholas@swimming.org</p>	<p style="text-align: right;">Venue</p> <p>Corby East Midlands International Pool Parkland Gateway George St Corby NN17 1QG Tel: 01536 464643 CEMIP website</p>
<p>Regional Welfare Officer Ursula Beck</p> <p>Email: eastmidlands.welfare@swimenglandvolunteers.org</p>	<p>Swim England Safeguarding</p> <p>Child Safeguarding Referral</p> <p>Adult Safeguarding Referral</p> <p>Email: safeguarding@swimming.org</p>



KEY DATES

<p>Spectator tickets released</p>	<p>18:00, Wednesday 22nd April 2026</p>
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TRAVEL INSURANCE

Affiliated clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular there is no cover for travel or accommodation costs for the cancellation of an event.

Some clubs and members may already have the benefit of their own group or personal travel insurance. For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please click [HERE](#) or contact Howdens directly on 0121 698 8052. Alternatively, you can seek cover from another insurance provider.

****VOLUNTEER ROLES AVAILABLE****

Please consider supporting this event by volunteering.
 Expenses are available.

[Officials sign up](#) | [Volunteers sign up](#)



COMPETITION INFORMATION

Entries

<p>Swimming Confirmed Swimming Entries</p>
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All entries should be checked to ensure they are correct. If there are any entry errors, please [contact us](#) as soon as possible.



Event Schedule

A detailed list of all events and timings can be found on the [EM Swim Champs website](#).

Dates	Session	Warm Up	Session Start	Finish Due
Saturday 2 nd May	Session 7 Heats	Open/Male Warm Up – 08:00-08:25 Female Warm Up – 08:25-08:50	09:00	11:35
	Session 8 Heats	Female Warm Up – 12:00-12:25 Open/Male Warm Up – 12:25-12:50	13:00	15:19
	Session 9 Finals	Mixed Warm Up – 16:00-16:25	16:30	18:14
Sunday 3 rd May	Session 10 Heats	Female Warm Up – 08:00-08:25 Open/Male Warm Up – 08:25-08:50	09:00	11:44
	Session 11 Heats	Open/Male Warm Up – 12:30-12:55 Female Warm Up – 12:55-13:20	13:30	15:59
	Session 12 Finals	Mixed Warm Up – 16:30-16:55	17:00	18:36
Monday 4 th May	Session 13 Heats	Open/Male Warm Up – 08:00-08:25 Female Warm Up – 08:25-08:50	09:00	11:27
	Session 14 Heats	Female Warm Up – 12:00-12:25 Open/Male Warm Up – 12:25-12:50	13:00	15:24
	Session 15 Finals	Mixed Warm Up – 16:00-16:25	16:30	18:35

**Please note: Event schedule is subject to last minute changes and the timings stated above are estimates*

Protocol

Competitors are not permitted to change on poolside.

Only personal training equipment can be utilised during warm-up and swim-down in the competition pool (pull buoys, kickboards). The use of bungee cords, fins and large hand paddles is prohibited in both pools at all times.

The use of mobile phones is strictly prohibited in the changing village. Any attendee found to be using their phone in the changing village will be asked to leave the event.

No attendees may use the emergency exit door by the fun pool, all access via changing rooms.

Hot drinks are not allowed on poolside, whether or not in a closed container.

Footwear must be worn when leaving poolside.

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Small camping chairs are permitted on poolside, but space may be limited so please be considerate of others.

Swim down pool

A swim down pool facility is available. Access is from main poolside. Athletes must be suitably supervised by club staff whilst using this facility. Space may be limited.

Start Lists & Results

Start lists and results will be [available to view online](#). A QR code to access the online start sheets and results will be posted on the event notice boards, and can also be viewed on the results website.

Marshalling Area – Heats and Finals

Competitors must report 'race ready' to the competition stewards in sufficient time; it is suggested no later than 15 minutes, prior to the start of their event.

The marshalling area is beside the swim-down pool, on the opposite side to the spectator balcony.

Withdrawals from heats

Withdrawals must be submitted online by **6pm** on the **day prior** to the event.

Withdrawals submission	Submit a heat withdrawal here
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Finals

For 50m – 200m events, the fastest 8 swimmers in each age group will allocated a final place with the competitors placed 9th and 10th in the heats considered first and second reserve.

400m finals will be swum as 16/Un and 17/Ov age bands with the fastest 8 in each being allocated a place in the final with the competitors placed 9th and 10th in the heats considered first and second reserve. Please note medals are also given on a HDW basis in the set age groups.

Withdrawals from Finals

Withdrawals from Finals must be made no later than 20 minutes after the conclusion of the last individual event in the session in which they have qualified for the next round.

The withdrawal must be made at the medals table. Athletes cannot withdraw online.

Failure to notify or a late withdrawal from a final, including reserve finalists, or 800m/1500m freestyle shall be subject to a £20 fine, this will be sent via invoice following the completion of the Championships. Volunteers will endeavour to contact clubs when withdrawals indicate reserves will be required, but it is the responsibility of clubs to ensure final lists are checked, and reserves withdraw prior to leaving the venue.

Anti doping

Whether by accident or on purpose, doping is against the rules of the sport. Swim England and Aquatics GB promote a culture of doping-free sport.

For further information, please refer to Anti-Doping section:

<https://www.swimming.org/swimengland/anti-doping/>

All medications should be checked on www.globaldro.com

Medical

There will not be a doctor present at this meet. Pool staff will administer first aid where necessary. Please contact a member of event staff or venue if you require assistance.

The nearest hospital is:

Kettering General Hospital
Rothwell Rd
Kettering
NN16 8UZ

It is 8.7 miles away, just over a 15-minute drive.



ACCREDITATION

Accreditations must be worn at all times whilst in accredited areas of the venue. Access to the pool deck and changing rooms will not be granted without a valid event accreditation.

A £10 charge will be applied to replace any lost or forgotten accreditations.

Accreditation checks will be carried out at the event and entry into the event may be denied without an accreditation pass.

Passes must be printed, showing a photograph is not acceptable.

Competitors

Accreditation is not required for competitors at this event. Staff at poolside access control will have a full list of swimmers competing available to them, and will be encouraged to challenge anyone who is not easily recognisable as an athlete. Please be patient with the volunteers on the door, who are ensuring the safety of all competitors by carrying out targeted checks.

Coaches, Team Managers and Chaperones

Poolside Accreditation Pass Charge	£16
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To apply for the accreditation pass, all coaches, team managers and chaperones must meet the [Poolside Accreditation Requirements](#).

To apply for the event accreditation:

- Swim England members: log into [Swim England Membership Options](#)

Once verified and purchased, all accreditation passes are sent in an email to be printed in advance of the event.



GENERAL INFORMATION

Changing Room Access

There will be an access control point at the changing room entrance. Accreditation must be shown by coaches and TMs to access the changing rooms.

Security

Spectators, competitors and team staff are asked to be extra vigilant and take care not to leave their belongings unattended. Any concerns should be reported to event or venue staff.

Spectators Tickets

Spectators can purchase tickets online **from 6pm Wednesday 22nd April**.

[PURCHASE TICKETS ONLINE HERE](#)
from 6pm Wednesday 22nd April

	Pricings
Single heat session	£5
All day	£8.50
Finals	FREE (No ticket required)

Event Merchandise

Event Merchandise will be available via our partners SportySwim. [Pre order merchandise here](#). A full swim shop will be available in the entrance area.

Food and Drink

There will be provision to buy food and drink at the venue. Scran cafe offers a range of food and drink, including quick snacks and warm healthy meals. The café will be open throughout both days. Event catering is for event volunteers and officials only.

Parking

There are two car parks near Corby East Midlands International Pool. One at the front of the venue, accessed from Westcott Way, and another at the rear, accessed from George Street.

There is a charge for parking on Saturdays. Please note that the front and rear car parks require separate tickets that are not interchangeable, despite North Northamptonshire Council operating both. Parking on Sunday and Bank Holiday Monday is free of charge.

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Period 5am to 6pm

Up to 2 hours

Between 2 and 3 hours

Between 3 and 4 hours

Between 4 and 6 hours

Any period over 6 hours

Charge per vehicle

60p

£1

£2

£4

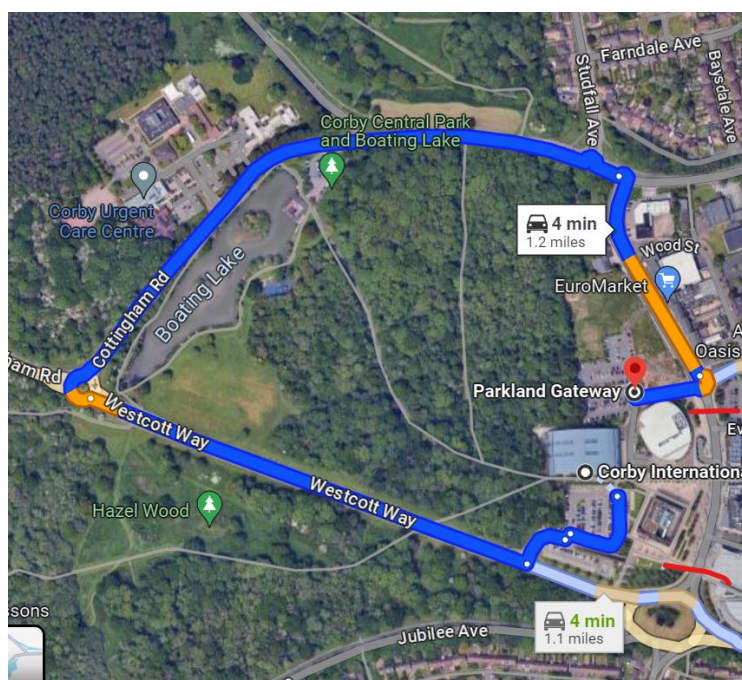
£10

Between the hours of 6pm and 12am - 20p

IMPORTANT

The shortest route between the two car parks using George Street is a pedestrianised zone Monday-Saturday 8am-6pm. Traffic enforcement cameras are in operation and fines will be issued for contraventions.

To access the rear car park please use Cottingham Road:



Live Streaming

In line with previous communication, the event will not be live streamed this year.

Accommodation

Hampton by Hilton have provided us with a discounted booking price, [click here to book.](#)

CONDITIONS

The Swim England East Midlands Championships 2026 Conditions can be found on the [EM Swim Champs website.](#)