

# Confirmation Pack

Swim England East Midland Regional  
Championships 2026

Moorways, Derby 25<sup>th</sup>-26<sup>th</sup> April



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## CONTACTS

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<p><b>Regional Welfare Officer</b>  <b>Ursula Beck</b></p> <p>Email:  <a href="mailto:eastmidlands.welfare@swimenglandvolunteers.org">eastmidlands.welfare@swimenglandvolunteers.org</a></p>	<p><b>Swim England Safeguarding</b></p> <p><a href="#">Child Safeguarding Referral</a></p> <p><a href="#">Adult Safeguarding Referral</a></p> <p>Email: <a href="mailto:safeguarding@swimming.org">safeguarding@swimming.org</a></p>



## KEY DATES

<p><b>Spectator tickets released</b></p>	<p>18:00, Wednesday 22nd April 2026</p>
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## TRAVEL INSURANCE

Affiliated clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular there is no cover for travel or accommodation costs for the cancellation of an event.

Some clubs and members may already have the benefit of their own group or personal travel insurance. For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please click [HERE](#) or contact Howdens directly on 0121 698 8052. Alternatively, you can seek cover from another insurance provider.

## **\*\*VOLUNTEER ROLES AVAILABLE\*\***

Currently we do not have enough volunteers to allow the event to take place.  
 Please consider volunteering this weekend if you can.  
 Expenses are available.

[Officials sign up](#) | [Volunteers sign up](#)



## COMPETITION INFORMATION

### Entries

<p><b>Swimming</b>  <u>Confirmed Swimming Entries</u></p>
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All entries should be checked to ensure they are correct. If there are any entry errors, please [contact us](#) as soon as possible.



### Event Schedule

A detailed list of all events and timings can be found on the [EM Swim Champs website](#).

Dates	Session	Warm Up	Session Start	Finish Due
Saturday 25 <sup>th</sup> April	Session 1 Heats	Female Warm Up – 08:00-08:25 Open/Male Warm Up – 08:25-08:50	09:00	11:55
	Session 2 Heats	Open/Male Warm Up – 12:30-12:55 Female Warm Up – 12:55-13:20	13:30	14:40
	Session 3 Finals	Mixed Warm Up – 15:15-15:40	15:45	17:27
Sunday 26 <sup>th</sup> April	Session 4 Heats	Open/Male Warm Up – 08:00-08:25 Female Warm Up – 08:25-08:50	09:00	11:45
	Session 5 Heats	Female Warm Up – 12:30-12:55 Open/Male Warm Up – 12:55-13:20	13:30	14:43
	Session 6 Finals	Mixed Warm Up – 15:15-15:40	15:45	17:27

*\*Please note: Event schedule is subject to last minute changes and the timings stated above are estimates*

There will be mid-session break during sessions 1 and 4 where swimmers can access the main pool for continuous warm up / swim down for up to 20 minutes. This is to support swimmers competing in both the 200 Fly and 1500 Free. Those swimming in events up to and including the 1500 Free may prefer to use this warm up over the main warm up at 08:00.

### Protocol

**Competitors are not permitted to change on poolside.**

Only personal training equipment can be utilised during warm-up and swim-down in the competition pool (pull buoys, kickboards). The use of bungee cords, fins and large hand paddles is prohibited in all pools at all times.

**The use of mobile phones is strictly prohibited in the changing village.** Any attendee found to be using their phone in the changing village will be asked to leave the event without refund.

Hot drinks are not allowed on poolside, whether or not in a closed container.

Footwear must be worn when leaving poolside.

Small camping chairs are permitted on poolside, but space may be limited so please be considerate of others.

### Swim down pool

A swim down pool facility is available. Access is via the changing village. Athletes must be suitably supervised by club staff whilst using this facility. Space may be limited.

### Start Lists & Results

Start lists and results will be [available to view online](#). A QR code to access the online start sheets and results will be posted on the event notice boards and can also be viewed on the results website.

### Marshalling Area – Heats and Finals

Competitors must report 'race ready' to the competition stewards in sufficient time; it is suggested no later than 15 minutes, prior to the start of their event.

Finalists must report to marshalling at least ten minutes prior to the listed time on the timeline for their final. Any finalist failing to report in time may not be permitted to swim.

**The marshalling area is behind the start end, starting from the side opposite the balcony. 50m events marshal behind the 50m end.**

### Withdrawals from heats

Withdrawals must be submitted online by **6pm** on the **day prior** to the event.

<a href="#">Withdrawals submission</a>	<a href="#">Submit a heat withdrawal here</a>
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### Finals

For 50m – 200m events, the fastest 8 swimmers in each age group will be allocated a final place with the competitors placed 9th and 10th in the heats considered first and second reserve.

400m finals will be swum as 16/Un and 17/Ov age bands with the fastest 8 in each being allocated a place in the final with the competitors placed 9th and 10th in the heats considered first and second reserve. Please note medals are also given on a HDW basis in the set age groups.

### Withdrawals from Finals

Withdrawals from Finals must be made no later than 20 minutes after the conclusion of the last individual event in the session in which they have qualified for the next round.

**The withdrawal must be made at the medals table.** Athletes cannot withdraw online.

Failure to notify or a late withdrawal from a final, including reserve finalists, or 800m/1500m freestyle shall be subject to a £20 fine, this will be sent via invoice following the completion of the Championships. Volunteers will endeavour to contact clubs when withdrawals indicate reserves will be required, but it is the responsibility of clubs to ensure final lists are checked, and reserves withdraw prior to leaving the venue.

Reserves who are not intending to swim should also withdraw using this process.

### Anti doping

Whether by accident or on purpose, doping is against the rules of the sport. Swim England and Aquatics GB promote a culture of doping-free sport.

For further information, please refer to Anti-Doping section:

<https://www.swimming.org/swimengland/anti-doping/>

All medications should be checked on [www.globaldro.com](http://www.globaldro.com)

### Medical

There will not be a doctor present at this meet. Pool staff will administer first aid where necessary. Please contact a member of event staff or venue if you require assistance.

The nearest hospital is:

Royal Derby Hospital  
Uttoxeter Rd  
Derby  
DE22 3NE

It is 3.6 miles away, just under a 15-minute drive.



## ACCREDITATION

Accreditations must be worn at all times whilst in accredited areas of the venue. Access to the pool deck will not be granted without a valid event accreditation.

**A £10 charge will be applied to replace any lost or forgotten accreditations.**

Accreditation checks will be carried out at the event and entry into the event may be denied without an accreditation pass.

### Competitors

Accreditation is not required for competitors at this event. Staff at poolside access control will have a full list of swimmers competing available to them, and will be encouraged to challenge anyone who is not easily recognisable as an athlete. Please be patient with the volunteers on the door, who are ensuring the safety of all competitors by carrying out random checks.

### Coaches, Team Managers and Chaperones

Poolside Accreditation Pass Charge	£16
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To apply for the accreditation pass, all coaches, team managers and chaperones must meet the [Poolside Accreditation Requirements](#).

To apply for the event accreditation:

- Swim England members: log into [Swim England Membership Options](#)

Once verified and purchased, all accreditation passes are sent in an email to be printed in advance of the event.



## GENERAL INFORMATION

### Changing Room Access

The changing rooms will be used by members of the public as well as our athletes. Please ensure extra caution is used around changing. Athletes should not use the changing village for any reason other than to get changed and to access the poolside.

### Security

Spectators, competitors and team staff are asked to be extra vigilant and take care not to leave their belongings unattended. Any concerns should be reported to event or venue staff.

### Spectators Tickets

Spectators can purchase tickets online **from 6pm Wednesday 22<sup>nd</sup> April**.

**[PURCHASE TICKETS ONLINE HERE](#)**  
from 6pm Wednesday 22<sup>nd</sup> April

	Pricings
Single heat session	£5
All day	£8.50
Finals	FREE (No ticket required)

### Event Merchandise

Event Merchandise will be available via our partners SportySwim. [Pre order merchandise here](#). A full swim shop will be available between the entrance and spectator areas.

### Food and Drink

The Everyone Active cafe will be open from 8am on all days. Event catering is for event volunteers and officials only.

### Event Photographers - Propulsion Swimming

We are delighted to announce that Propulsion Swimming will be the official photographers for the event. [Sign up to their priority list](#).

[Derby Gallery](#) | [Corby Gallery](#) – passwords have been shared with club entry coordinators.

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### Parking

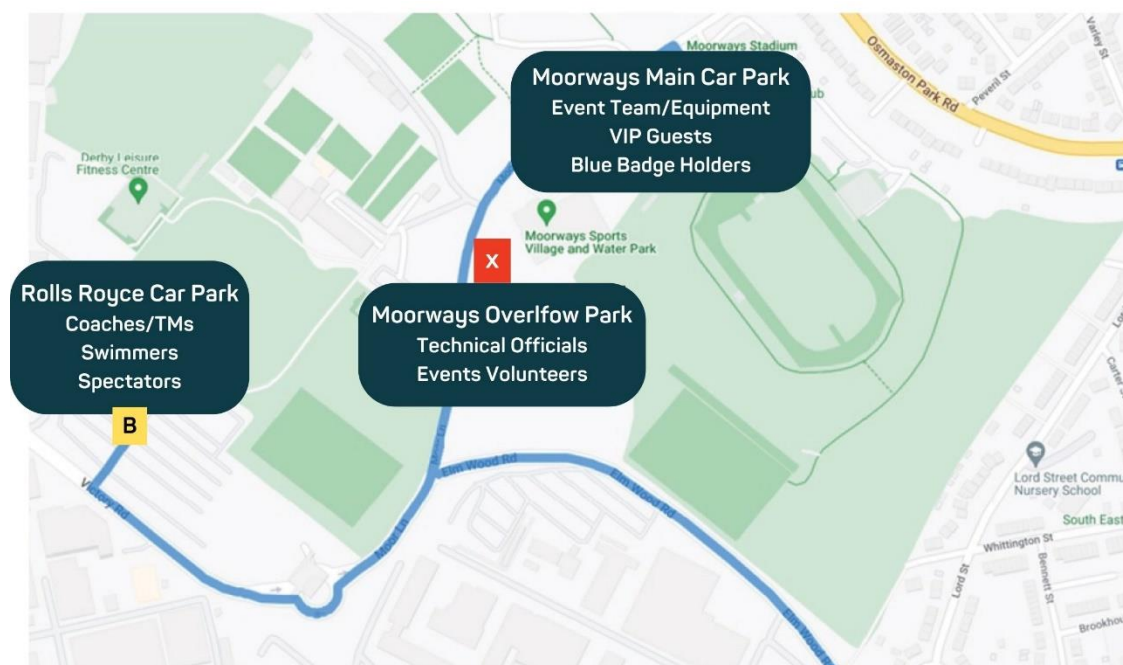
The pool building will be used by members of the public throughout the weekend's event. To reduce congestion, the main car park will only be available to non-event attendees. Checks will take place at the entrance to the car park to ensure this is being complied with.

Event parking will be at Rolls Royce, Victory Rd, Allenton, Derby DE24 8ZF. A small charge of £3 is payable to the local Scouts who will be providing volunteer parking services. **Please ensure you bring cash to pay the charge.**

**The car parks will open from 0715 on both days. Please do not arrive early.**

Event volunteers and officials have separate parking arrangements that will be communicated to them in due course.

Blue badge holders may use the disabled spaces in the main car park.



### Live Streaming

Unfortunately, due to reasons beyond our control, **we will not be able to provide a live stream of the Championships this year.** We are hoping we will be able to reintroduce this from November.

### CONDITIONS

The Swim England East Midlands Championships 2026 Conditions can be found on the [EM Swim Champs website](#).