

Regional Championships 2025 PROVISIONAL TIME LINES

The timings below are provisional based on the original entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

If you are aware of any withdrawals, we do ask that you let us know using the online withdrawal form upto 6pm the day before the swim so we can make the withdrawal correctly and therefore reducing the number of empty lanes. Failure to notify us of a withdrawal from the 800m/1500m Freestyle events will result in a £20 fine, issued to the club of representation.

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Saturday 26th April - Moorways Sports Village, Derby

Session - 1 - 1EM250593				Warm Up: 08:00		Start: 09:00		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	M	50 Br	Heats	98	10	09:00	00:13	00:13
102	L	1500 Fr	Heats	30	3	09:13	01:03	01:16
103	M	200 Ba	Heats	91	10	10:16	00:35	01:51

Estimated Session Finish Time 10:51

Session - 2 - 1EM250593				Warm Up: 11:15		Start: 12:15		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
104	L	50 Fr	Heats	107	11	12:15	00:13	00:13
105	M	800 Fr	Heats	28	3	12:28	00:31	00:44
106	L	200 FI	Heats	92	10	12:59	00:35	01:19

Estimated Session Finish Time 13:34

Session - 3 - 1EM250593				Warm Up: 14:00		Start: 15:00		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
107	M	100 Fr	Heats	123	13	15:00	00:23	00:23
108	L	100 Br	Heats	113	12	15:23	00:26	00:49
109	M	400 MT	Heats	20	2	15:49	00:10	00:59
110	L	400 FT	Heats	18	2	15:59	00:10	01:09

Estimated Session Finish Time 16:09

**Regional Championships 2025
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Session - 4 - 1EM250593

Warm Up: 16:30

Start: 17:00

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
111 (101)	M	50 Br	Final			17:00	00:02	00:02
112 (101)	M	50 Br	Final			17:02	00:02	00:04
113 (101)	M	50 Br	Final			17:04	00:02	00:06
114 (101)	M	50 Br	Final			17:06	00:02	00:08
115 (101)	M	50 Br	Final			17:08	00:02	00:10
116 (101)	M	50 Br	Final			17:10	00:02	00:12
117 (104)	L	50 Fr	Final			17:12	00:02	00:14
118 (104)	L	50 Fr	Final			17:14	00:02	00:16
119 (104)	L	50 Fr	Final			17:16	00:02	00:18
120 (104)	L	50 Fr	Final			17:18	00:02	00:20
121 (104)	L	50 Fr	Final			17:20	00:02	00:22
122 (104)	L	50 Fr	Final			17:22	00:02	00:24
123 (103)	M	200 Ba	Final			17:24	00:04	00:28
124 (103)	M	200 Ba	Final			17:28	00:04	00:32
125 (103)	M	200 Ba	Final			17:32	00:04	00:36
126 (103)	M	200 Ba	Final			17:36	00:04	00:40
127 (103)	M	200 Ba	Final			17:40	00:04	00:44
128 (103)	M	200 Ba	Final			17:44	00:04	00:48
129 (106)	L	200 Fl	Final			17:48	00:04	00:52
130 (106)	L	200 Fl	Final			17:52	00:04	00:56
131 (106)	L	200 Fl	Final			17:56	00:04	01:00
132 (106)	L	200 Fl	Final			18:00	00:04	01:04
133 (106)	L	200 Fl	Final			18:04	00:04	01:08
134 (106)	L	200 Fl	Final			18:08	00:04	01:12
135 (107)	M	100 Fr	Final			18:12	00:02	01:14
136 (107)	M	100 Fr	Final			18:14	00:02	01:16
137 (107)	M	100 Fr	Final			18:16	00:02	01:18
138 (107)	M	100 Fr	Final			18:18	00:02	01:20
139 (107)	M	100 Fr	Final			18:20	00:02	01:22
140 (107)	M	100 Fr	Final			18:22	00:02	01:24
141 (108)	L	100 Br	Final			18:24	00:03	01:27
142 (108)	L	100 Br	Final			18:27	00:03	01:30
143 (108)	L	100 Br	Final			18:30	00:03	01:33
144 (108)	L	100 Br	Final			18:33	00:03	01:36
145 (108)	L	100 Br	Final			18:36	00:03	01:39
146 (108)	L	100 Br	Final			18:39	00:03	01:42

Estimated Session Finish Time 18:42

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If you are aware of any withdrawals, we do ask that you let us know using the online withdrawal form upto 6pm the day before the swim so we can make the withdrawal correctly and therefore reducing the number of empty lanes. Failure to notify us of a withdrawal from the 800m/1500m Freestyle events will result in a £20 fine, issued to the club of representation.

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Sunday 27th April - Moorways Sports Village, Derby

Session - 5 - 1EM250593				Warm Up:		08:00		Start:		09:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative			
201	L	50 Br	Heats	99	10	09:00	00:13	00:13			
202	M	1500 Fr	Heats	21	3	09:13	00:59	01:12			
203	L	200 Ba	Heats	116	12	10:12	00:43	01:55			
Estimated Session Finish Time 10:55											

Session - 6 - 1EM250593				Warm Up:		11:15		Start:		12:15	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative			
204	M	50 Fr	Heats	104	11	12:15	00:13	00:13			
205	L	800 Fr	Heats	28	3	12:28	00:32	00:45			
206	M	200 FI	Heats	88	9	13:00	00:30	01:15			
Estimated Session Finish Time 13:30											

Session - 7 - 1EM250593				Warm Up:		14:00		Start:		15:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative			
207	L	100 Fr	Heats	121	13	15:00	00:23	00:23			
208	M	100 Br	Heats	116	12	15:23	00:24	00:47			
209	L	400 MT	Heats	15	2	15:47	00:11	00:58			
210	M	400 FT	Heats	19	2	15:58	00:09	01:07			
Estimated Session Finish Time 16:07											

**Regional Championships 2025
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Session - 8 - 1EM250593

Warm Up: 16:30

Start: 17:00

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
211 (201)	L	50 Br	Final			17:00	00:02	00:02
212 (201)	L	50 Br	Final			17:02	00:02	00:04
213 (201)	L	50 Br	Final			17:04	00:02	00:06
214 (201)	L	50 Br	Final			17:06	00:02	00:08
215 (201)	L	50 Br	Final			17:08	00:02	00:10
216 (201)	L	50 Br	Final			17:10	00:02	00:12
217 (204)	M	50 Fr	Final			17:12	00:02	00:14
218 (204)	M	50 Fr	Final			17:14	00:02	00:16
219 (204)	M	50 Fr	Final			17:16	00:02	00:18
220 (204)	M	50 Fr	Final			17:18	00:02	00:20
221 (204)	M	50 Fr	Final			17:20	00:02	00:22
222 (204)	M	50 Fr	Final			17:22	00:02	00:24
223 (203)	L	200 Ba	Final			17:24	00:04	00:28
224 (203)	L	200 Ba	Final			17:28	00:04	00:32
225 (203)	L	200 Ba	Final			17:32	00:04	00:36
226 (203)	L	200 Ba	Final			17:36	00:04	00:40
227 (203)	L	200 Ba	Final			17:40	00:04	00:44
228 (203)	L	200 Ba	Final			17:44	00:04	00:48
229 (206)	M	200 Fl	Final			17:48	00:04	00:52
230 (206)	M	200 Fl	Final			17:52	00:04	00:56
231 (206)	M	200 Fl	Final			17:56	00:04	01:00
232 (206)	M	200 Fl	Final			18:00	00:04	01:04
233 (206)	M	200 Fl	Final			18:04	00:04	01:08
234 (206)	M	200 Fl	Final			18:08	00:04	01:12
235 (207)	L	100 Fr	Final			18:12	00:02	01:14
236 (207)	L	100 Fr	Final			18:14	00:02	01:16
237 (207)	L	100 Fr	Final			18:16	00:02	01:18
238 (207)	L	100 Fr	Final			18:18	00:02	01:20
239 (207)	L	100 Fr	Final			18:20	00:02	01:22
240 (207)	L	100 Fr	Final			18:22	00:02	01:24
241 (208)	M	100 Br	Final			18:24	00:03	01:27
242 (208)	M	100 Br	Final			18:27	00:03	01:30
243 (208)	M	100 Br	Final			18:30	00:03	01:33
244 (208)	M	100 Br	Final			18:33	00:03	01:36
245 (208)	M	100 Br	Final			18:36	00:03	01:39
246 (208)	M	100 Br	Final			18:39	00:03	01:42

Estimated Session Finish Time 18:42

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PROVISIONAL TIME LINES**

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If you are aware of any withdrawals, we do ask that you let us know using the online withdrawal form upto 6pm the day before the swim so we can make the withdrawal correctly and therefore reducing the number of empty lanes. Failure to notify us of a withdrawal from the 800m/1500m Freestyle events will result in a £20 fine, issued to the club of representation.

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Saturday 3rd May - Corby, East Midlands International Pool

Session - 9 - 1EM250594				Warm Up:	08:00	Start:	09:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301	M	400 Fr	Heats	108	14	09:00	01:16	01:16
302	L	100 Ba	Heats	117	15	10:16	00:34	01:50
303	M	200 Br	Heats	117	15	10:50	00:54	02:44
Estimated Session Finish Time 11:44								

Session - 10 - 1EM250594				Warm Up:	12:15	Start:	13:15	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
304	L	200 Fr	Heats	116	15	13:15	00:45	00:45
305	M	100 FI	Heats	145	19	14:00	00:34	01:19
306	L	400 IM	Heats	107	14	14:34	01:29	02:48
Estimated Session Finish Time 16:03								

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Regional Championships 2025
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Session - 11 - 1EM250594

				Warm Up:	16:30			Start:	17:00
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative	
307 (301) M		400 Fr	Final			17:00	00:06	00:06	
308 (301) M		400 Fr	Final			17:06	00:06	00:12	
309 (302) L		100 Ba	Final			17:12	00:03	00:15	
310 (302) L		100 Ba	Final			17:15	00:03	00:18	
311 (302) L		100 Ba	Final			17:18	00:03	00:21	
312 (302) L		100 Ba	Final			17:21	00:03	00:24	
313 (302) L		100 Ba	Final			17:24	00:03	00:27	
314 (302) L		100 Ba	Final			17:27	00:03	00:30	
315 (303) M		200 Br	Final			17:30	00:04	00:34	
316 (303) M		200 Br	Final			17:34	00:04	00:38	
317 (303) M		200 Br	Final			17:38	00:04	00:42	
318 (303) M		200 Br	Final			17:42	00:04	00:46	
319 (303) M		200 Br	Final			17:46	00:04	00:50	
320 (303) M		200 Br	Final			17:50	00:04	00:54	
321 (304) L		200 Fr	Final			17:54	00:04	00:58	
322 (304) L		200 Fr	Final			17:58	00:04	01:02	
323 (304) L		200 Fr	Final			18:02	00:04	01:06	
324 (304) L		200 Fr	Final			18:06	00:04	01:10	
325 (304) L		200 Fr	Final			18:10	00:04	01:14	
326 (304) L		200 Fr	Final			18:14	00:04	01:18	
327 (305) M		100 FI	Final			18:18	00:02	01:20	
328 (305) M		100 FI	Final			18:20	00:02	01:22	
329 (305) M		100 FI	Final			18:22	00:02	01:24	
330 (305) M		100 FI	Final			18:24	00:02	01:26	
331 (305) M		100 FI	Final			18:26	00:02	01:28	
332 (305) M		100 FI	Final			18:28	00:02	01:30	
333 (306) L		400 IM	Final			18:30	00:07	01:37	
334 (306) L		400 IM	Final			18:37	00:07	01:44	

Estimated Session Finish Time 18:44

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Sunday 4th May - Corby, East Midlands International Pool

Session - 12 - 1EM250594				Warm Up: 08:00		Start: 09:00		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401	L	400 Fr	Heats	98	13	09:00	01:14	01:14
402	M	100 Ba	Heats	106	14	10:14	00:30	01:44
403	L	200 Br	Heats	101	13	10:44	00:48	02:32
Estimated Session Finish Time 11:32								

Session - 13 - 1EM250594				Warm Up: 12:00		Start: 13:00		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
404	M	200 Fr	Heats	118	15	13:00	00:44	00:44
405	L	100 FI	Heats	96	12	13:44	00:22	01:06
406	M	400 IM	Heats	103	13	14:06	01:19	02:25
Estimated Session Finish Time 15:25								

Regional Championships 2025
PROVISIONAL TIME LINES
Session - 14 - 1EM250594

				Warm Up:	16:00			Start:	16:30
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative	
407 (401) L		400 Fr	Final			16:30	00:06	00:06	
408 (401) L		400 Fr	Final			16:36	00:06	00:12	
409 (402) M		100 Ba	Final			16:42	00:02	00:14	
410 (402) M		100 Ba	Final			16:44	00:02	00:16	
411 (402) M		100 Ba	Final			16:46	00:02	00:18	
412 (402) M		100 Ba	Final			16:48	00:02	00:20	
413 (402) M		100 Ba	Final			16:50	00:02	00:22	
414 (402) M		100 Ba	Final			16:52	00:02	00:24	
415 (403) L		200 Br	Final			16:54	00:04	00:28	
416 (403) L		200 Br	Final			16:58	00:04	00:32	
417 (403) L		200 Br	Final			17:02	00:04	00:36	
418 (403) L		200 Br	Final			17:06	00:04	00:40	
419 (403) L		200 Br	Final			17:10	00:04	00:44	
420 (403) L		200 Br	Final			17:14	00:04	00:48	
421 (404) M		200 Fr	Final			17:18	00:03	00:51	
422 (404) M		200 Fr	Final			17:21	00:03	00:54	
423 (404) M		200 Fr	Final			17:24	00:03	00:57	
424 (404) M		200 Fr	Final			17:27	00:03	01:00	
425 (404) M		200 Fr	Final			17:30	00:03	01:03	
426 (404) M		200 Fr	Final			17:33	00:03	01:06	
427 (405) L		100 FI	Final			17:36	00:03	01:09	
428 (405) L		100 FI	Final			17:39	00:03	01:12	
429 (405) L		100 FI	Final			17:42	00:03	01:15	
430 (405) L		100 FI	Final			17:45	00:03	01:18	
431 (405) L		100 FI	Final			17:48	00:03	01:21	
432 (405) L		100 FI	Final			17:51	00:03	01:24	
433 (406) M		400 IM	Final			17:54	00:06	01:30	
434 (406) M		400 IM	Final			18:00	00:06	01:36	

Estimated Session Finish Time 18:06

**Regional Championships 2025
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Monday 5th May - Corby, East Midlands International Pool

Session - 15 - 1EM250594				Warm Up:	08:00	Start:	09:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	M	50 FI	Heats	113	15	09:00	00:18	00:18
502	L	200 IM	Heats	131	17	09:17	00:58	01:16
503	M	50 Ba	Heats	95	12	10:15	00:18	01:34
Estimated Session Finish Time 10:34								

Session - 16 - 1EM250594				Warm Up:	11:00	Start:	12:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
504	L	50 FI	Heats	92	12	12:00	00:15	00:15
505	M	200 IM	Heats	133	17	12:15	00:55	01:10
506	L	50 Ba	Heats	107	14	13:10	00:22	01:32
Estimated Session Finish Time 13:32								

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**Regional Championships 2025
PROVISIONAL TIME LINES**

Session - 17 - 1EM250594

				Warm Up: 14:00		Start: 14:30		
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
507 (503)	M	50 Ba	Final			14:30	00:02	00:02
508 (503)	M	50 Ba	Final			14:32	00:02	00:04
509 (503)	M	50 Ba	Final			14:34	00:02	00:06
510 (503)	M	50 Ba	Final			14:36	00:02	00:08
511 (503)	M	50 Ba	Final			14:38	00:02	00:10
512 (503)	M	50 Ba	Final			14:40	00:02	00:12
513 (502)	L	200 IM	Final			14:42	00:04	00:16
514 (502)	L	200 IM	Final			14:46	00:04	00:20
515 (502)	L	200 IM	Final			14:50	00:04	00:24
516 (502)	L	200 IM	Final			14:54	00:04	00:28
517 (502)	L	200 IM	Final			14:58	00:04	00:32
518 (502)	L	200 IM	Final			15:02	00:04	00:36
519 (501)	M	50 FI	Final			15:06	00:02	00:38
520 (501)	M	50 FI	Final			15:08	00:02	00:40
521 (501)	M	50 FI	Final			15:10	00:02	00:42
522 (501)	M	50 FI	Final			15:12	00:02	00:44
523 (501)	M	50 FI	Final			15:14	00:02	00:46
524 (501)	M	50 FI	Final			15:16	00:02	00:48
525 (506)	L	50 Ba	Final			15:18	00:02	00:50
526 (506)	L	50 Ba	Final			15:20	00:02	00:52
527 (506)	L	50 Ba	Final			15:22	00:02	00:54
528 (506)	L	50 Ba	Final			15:24	00:02	00:56
529 (506)	L	50 Ba	Final			15:26	00:02	00:58
530 (506)	L	50 Ba	Final			15:28	00:02	01:00
531 (505)	M	200 IM	Final			15:30	00:04	01:04
532 (505)	M	200 IM	Final			15:34	00:04	01:08
533 (505)	M	200 IM	Final			15:38	00:04	01:12
534 (505)	M	200 IM	Final			15:42	00:04	01:16
535 (505)	M	200 IM	Final			15:46	00:04	01:20
536 (505)	M	200 IM	Final			15:50	00:04	01:24
537 (504)	L	50 FI	Final			15:54	00:02	01:26
538 (504)	L	50 FI	Final			15:56	00:02	01:28
539 (504)	L	50 FI	Final			15:58	00:02	01:30
540 (504)	L	50 FI	Final			16:00	00:02	01:32
541 (504)	L	50 FI	Final			16:02	00:02	01:34
542 (504)	L	50 FI	Final			16:04	00:02	01:36
543	M	800 FT	Heats	10	2	16:06	00:18	01:54
544	L	800 FT	Heats	10	2	16:24	00:20	02:14

Estimated Session Finish Time 16:44