

SEEM Masters Championships 2024 - Start List

EVENT 201 Open/Female 400m Individual Medley

Heat 1

L 3	Nicholas Hatton	39	B C & P Mast	7:02.06
L 4	Amanda Heath	67	Spencer	6:34.55
L 5	Rob Arnold	64	Trafford Met	6:15.00

Heat 2

L 1	Jacqui Smith	43	Buxton	6:15.00
L 2	Peta Jarvis	23	Loughborough	6:05.48
L 3	Jade Burton	26	Loughborough	5:41.46
L 4	Stewart Worthy	46	Bo Kirklees	5:32.32
L 5	Christopher Morgan	52	Otter	5:37.72
L 6	Matthew Lees	35	Rochdale	6:00.00
L 7	Alan Parkins	64	Crawley	6:13.38