

SEEM Masters Championships 2024 - Start List

EVENT 101 Open/Female 400m Freestyle

Heat 1

L 3	Umar Hassan	28	Birmingham M	8:03.57
L 4	Diogo Castro	36	Out To Swim	7:38.92
L 5	Sian Dunlop	26	Wellingboro	7:20.04

Heat 2

L 2	Joanne Bailey	43	Birmingham M	7:15.00
L 3	Ian Symonds	54	Daventry	7:00.00
L 4	Sarah Ransome	21	Chadderton	7:00.00
L 5	Melanie Fenson	53	Daventry	6:45.00
L 6	Helen Holder	59	Birmingham M	6:38.60
L 7	David Holder	64	Birmingham M	6:37.60
L 8	Fiona Conway	34	Loughborough	6:34.00

Heat 3

L 2	Eleanor Grimes	38	Derby Excel	6:12.91
L 3	Michael Chinnery	24	Derby Excel	6:10.00
L 4	Nick Minns	71	East Anglian	6:06.31
L 5	Shaun Wilding	35	B C & P Mast	6:00.00
L 6	Neil Shepherd	48	Deepings	6:00.00
L 7	Will Spalton	36	Buxton	6:00.00
L 8	Harriet Wharton	40	Teddington	5:50.37

Heat 4

L 1	Gregg Oldham	49	NottmLeander	5:50.00
L 2	Natalie Allen	31	East Anglian	5:44.14
L 3	Nikki Chapman	58	Black Lion	5:42.42
L 4	Paul Graham	39	Etwall	5:40.91
L 5	Colin Robbins	60	NottmLeander	5:39.08
L 6	Jamie Hockley	42	Co Lincoln P	5:36.68
L 7	Marisol Galarza Chau	37	Loughborough	5:35.00
L 8	Scott Hadley	26	Co Coventry	5:28.96

Heat 5

L 1	Joseph Doherty	26	Derby Excel	5:21.51
L 2	Glen Gilbert	47	Nene Valley	5:20.00
L 3	David Westcough	30	East Leeds	5:20.00
L 4	Rob Arnold	64	Trafford Met	5:20.00
L 5	Lyndsay Roe	40	Kettering	5:16.08
L 6	Justin Palfrey	53	Loughborough	5:15.01
L 7	Ian Hicks	47	B C & P Mast	5:15.00
L 8	Christopher Morgan	52	Otter	5:10.00

Heat 6

L 1	Gregan Clarkson	42	KingstonHull	5:06.63
L 2	Chris Barlow	49	Etwall	5:02.00
L 3	Nia Westlake	31	Gloucester M	4:54.30
L 4	Lucy Cadden	20	Long Eaton	4:29.84
L 5	Steven Paine	49	BelperMarlin	4:48.30
L 6	Tommaso Tufarelli	40	Otter	4:58.90
L 7	Ian Wilkes	57	Loughborough	5:02.10
L 8	Katie Walker-Stabeler	35	Birmingham M	5:10.00