

SEEM Masters Championships 2023 - Results

EVENT 101 Men's/Women's 400m Freestyle

Men's 25 & Over Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts
1	Daniel Mills	32	Trafford Met	4:17.97	637
	50m 29.51 100m 1:01.96 150m 1:35.07 200m 2:07.90 250m 2:40.85 300m 3:13.63 350m 3:46.50 400m 4:17.97				
2	Tommaso Tufarelli	39	Otter	4:58.90	438
	50m 32.95 100m 1:09.59 150m 1:47.12 200m 2:25.57 250m 3:04.24 300m 3:43.35 350m 4:22.01 400m 4:58.90				
3	Ian Wilkes	56	Loughborough	5:02.06	513
	50m 31.25 100m 1:07.56 150m 1:45.93 200m 2:25.48 250m 3:04.93 300m 3:44.58 350m 4:23.56 400m 5:02.06				
4	Chris Barlow	48	Etwall	5:06.93	442
	50m 33.59 100m 1:11.78 150m 1:50.63 200m 2:30.08 250m 3:09.89 300m 3:49.71 350m 4:29.03 400m 5:06.93				
5	Justin Palfrey	52	Loughborough	5:07.45	460
	50m 34.27 100m 1:12.66 150m 1:52.68 200m 2:32.45 250m 3:11.90 300m 3:50.22 350m 4:29.80 400m 5:07.45				
6	Guy Armstrong	41	MwayMaritime	5:09.13	404
	50m 33.43 100m 1:10.58 150m 1:49.46 200m 2:29.34 250m 3:09.26 300m 3:49.53 350m 4:29.88 400m 5:09.13				
7	Jon-Paul Hemmings	44	Lincoln Vulc	5:09.61	414
	50m 32.41 100m 1:08.89 150m 1:46.89 200m 2:25.89 250m 3:05.61 300m 3:46.51 350m 4:28.48 400m 5:09.61				
8	Jamie Hockley	41	Co Lincoln P	5:36.68	312
	50m 38.06 100m 1:20.19 150m 2:02.90 200m 2:46.31 250m 3:29.23 300m 4:12.65 350m 4:55.70 400m 5:36.68				
9	Paul Graham	38	Etwall	5:40.91	292
	50m 34.66 100m 1:13.92 150m 1:56.51 200m 2:40.71 250m 3:26.11 300m 4:11.15 350m 4:57.69 400m 5:40.91				
10	Nicholas Hatton	38	Asa Temp 2	5:52.25	265
	50m 39.31 100m 1:23.66 150m 2:09.46 200m 2:54.67 250m 3:40.48 300m 4:25.51 350m 5:11.15 400m 5:52.25				
11	Joseph Winterbottom	34	Buxton	6:11.27	217
	50m 39.46 100m 1:25.06 150m 2:12.64 200m 3:00.65 250m 3:49.91 300m 4:38.30 350m 5:27.16 400m 6:11.27				
12	Stuart McLellan	74	Hadleigh	6:27.55	423
	50m 42.73 100m 1:30.99 150m 2:20.66 200m 3:09.95 250m 4:00.15 300m 4:50.21 350m 5:40.08 400m 6:27.55				
13	Chris Bramley-Howell	39	Leic Peng	6:28.85	199
	50m 38.20 100m 1:23.65 150m 2:12.12 200m 3:03.95 250m 3:56.64 300m 4:49.80 350m 5:41.11 400m 6:28.85				
14	Lionel Spittle	70	B C & P Mast	6:38.69	324
	50m 42.11 100m 1:30.08 150m 2:21.59 200m 3:12.98 250m 4:03.98 300m 4:55.24 350m 5:48.68 400m 6:38.69				
15	Jonathan Greene	59	East Anglian	6:45.63	223
	50m 43.74 100m 1:31.88 150m 2:24.09 200m 3:16.73 250m 4:10.55 300m 5:03.63 350m 5:56.58 400m 6:45.63				
16	Lewis Whitelock	43	Basildon Ph	6:46.03	181
	50m 40.45 100m 1:25.59 150m 2:17.29 200m 3:10.28 250m - 300m 5:00.30 350m - 400m 6:46.03				
17	Clive Whittaker	73	Birmingham M	7:52.93	222
	50m 52.11 100m 1:51.56 150m 2:55.46 200m 3:55.61 250m 4:56.77 300m 5:57.94 350m 6:59.47 400m 7:52.93				
18	William Sampson	78	Melton M'bry	8:13.96	255
	50m 50.56 100m 1:52.71 150m 2:56.33 200m 4:01.66 250m 5:07.37 300m 6:12.97 350m 7:16.63 400m 8:13.96				
	David Blakemore	39	B C & P Mast	DNS	
	Steven Paine	48	BelperMarlin	DNS	

Women's 18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts
1	Morgan Gaskell-French	23	Preston	5:21.35	
	50m 34.74 100m 1:13.76 150m 1:54.49 200m 2:36.26 250m 3:17.27 300m 3:59.20 350m 4:41.90 400m 5:21.35				
2	Erin Medcalf	24	Birmingham M	6:06.61	
	50m 41.95 100m 1:27.14 150m 2:13.38 200m 3:00.00 250m 3:47.17 300m 4:34.04 350m 5:21.78 400m 6:06.61				
3	Lois Webb	18	Leic Peng	6:12.38	
	50m 39.19 100m 1:24.87 150m 2:12.38 200m 3:00.69 250m 3:49.27 300m 4:38.25 350m 5:26.85 400m 6:12.38				
	Alicia Massie	18	SurreyUni SC	DNS	

Women's 25 & Over Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts
1	Victoria Reading	38	Northampton	4:53.32	567
	50m 32.53 100m 1:09.00 150m 1:46.09 200m 2:23.20 250m 3:01.01 300m 3:38.74 350m 4:16.59 400m 4:53.32				
2	Sally Carter	27	NottmLeander	5:04.50	469
	50m 34.06 100m 1:11.47 150m 1:49.50 200m 2:28.53 250m 3:07.16 300m 3:47.03 350m 4:26.45 400m 5:04.50				
3	Rhianna Sheehan	25	Loughborough	5:17.22	411
	50m 31.93 100m 1:07.90 150m 1:47.07 200m 2:27.61 250m 3:09.59 300m 3:52.42 350m 4:35.19 400m 5:17.22				
4	Emma Johnson	46	Birmingham M	5:38.78	392
	50m 37.26 100m 1:20.18 150m 2:03.00 200m 2:46.70 250m 3:29.92 300m 4:14.20 350m 4:57.52 400m 5:38.78				

SEEM Masters Championships 2023 - Results

EVENT 101 Men's/Women's 400m Freestyle

Women's 25 & Over Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
5	Verity McWee	30	Buxton	5:41.60	338				
	50m 38.12	100m 1:18.91	150m 2:01.86	200m 2:45.05	250m 3:29.01	300m 4:12.95	350m 4:57.76	400m 5:41.60	
6	Heather Hall	27	Dove Valley	5:57.89	288				
	50m 38.33	100m 1:22.41	150m 2:08.83	200m 2:54.70	250m 3:41.46	300m 4:27.52	350m 5:14.68	400m 5:57.89	
7	Katharine O'Neill	35	Etwall	6:00.31	299				
	50m 38.90	100m 1:23.34	150m 2:09.44	200m 2:56.12	250m 3:43.08	300m 4:30.06	350m 5:15.99	400m 6:00.31	
8	Elaine Seager	60	Loughborough	6:00.70	414				
	50m 41.50	100m 1:26.16	150m 2:12.79	200m 2:58.35	250m 3:44.94	300m 4:30.70	350m 5:16.77	400m 6:00.70	
9	Diane Asbury	48	B C & P Mast	6:02.54	326				
	50m 39.35	100m 1:24.69	150m 2:11.81	200m 2:59.15	250m 3:46.11	300m 4:32.67	350m 5:18.68	400m 6:02.54	
10	Zorika Adams	53	Camden Swiss	6:10.42	327				
	50m 40.50	100m 1:26.42	150m 2:14.76	200m 3:02.89	250m 3:51.26	300m 4:39.25	350m 5:25.94	400m 6:10.42	
11	Sharon McLellan	65	Hadleigh	6:26.08	398				
	50m 45.47	100m 1:34.55	150m 2:23.79	200m 3:13.50	250m 4:02.12	300m 4:50.68	350m 5:38.75	400m 6:26.08	
12	Claire Coventry	57	Co Coventry	6:27.28	310				
	50m 41.86	100m 1:29.84	150m 2:19.16	200m 3:09.98	250m 3:59.80	300m 4:50.89	350m 5:40.46	400m 6:27.28	
13	Claire Spink	55	Derby Excel	7:13.71	211				
	50m 45.34	100m 1:36.29	150m 2:32.78	200m 3:28.05	250m 4:26.13	300m 5:22.74	350m 6:19.88	400m 7:13.71	
14	Helen Atton	51	Leicester Ma	7:18.56	191				
	50m 47.64	100m 1:41.60	150m 2:37.61	200m 3:34.51	250m 4:32.56	300m 5:29.87	350m 6:25.79	400m 7:18.56	
	Marina Nakano	50	Camden Swiss	DSQ					