

**East Midlands Distance Time Trial
Under Swim England Regulations & Technical Rules
Session - 1 - 1EM250595
at Loughborough University Pool**

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
EVENT 101	Mixed	1500m Freestyle						
40 COMPETITORS ENTERED - 5 HEATS								
HEAT 1		SLOWEST TIME 23:10.08	STARTING AT 13:30					
HEAT 2		SLOWEST TIME 23:10.00	STARTING AT 13:54					
HEAT 3		SLOWEST TIME 21:08.30	STARTING AT 14:18					
HEAT 4		SLOWEST TIME 20:26.50	STARTING AT 14:39					
HEAT 5		SLOWEST TIME 18:40.30	STARTING AT 15:01					
101	Y	1500 Fr	Heats	40	5	13:30	01:50	01:50

Estimated Session Finish Time 15:20

**East Midlands Distance Time Trial
Under Swim England Regulations & Technical Rules
Session - 2 - 1EM250595
at Loughborough University Pool**

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds & Between Finals 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
EVENT 201	Mixed	800m Freestyle						
103 COMPETITORS ENTERED - 13 HEATS								
HEAT 1		SLOWEST TIME	12:10.14	STARTING AT		16:00		
HEAT 2		SLOWEST TIME	12:10.07	STARTING AT		16:13		
HEAT 3		SLOWEST TIME	12:09.60	STARTING AT		16:26		
HEAT 4		SLOWEST TIME	11:19.50	STARTING AT		16:38		
HEAT 5		SLOWEST TIME	11:04.20	STARTING AT		16:50		
HEAT 6		SLOWEST TIME	10:55.06	STARTING AT		17:02		
HEAT 7		SLOWEST TIME	10:46.50	STARTING AT		17:14		
HEAT 8		SLOWEST TIME	10:36.20	STARTING AT		17:25		
HEAT 9		SLOWEST TIME	10:28.50	STARTING AT		17:37		
HEAT 10		SLOWEST TIME	10:17.10	STARTING AT		17:48		
HEAT 11		SLOWEST TIME	10:03.80	STARTING AT		17:59		
HEAT 12		SLOWEST TIME	9:53.10	STARTING AT		18:09		
HEAT 13		SLOWEST TIME	9:37.30	STARTING AT		18:20		
201	Y	800 Fr		Heats 103	13	16:00	02:30	02:30

Estimated Session Finish Time 18:30